

October 2019






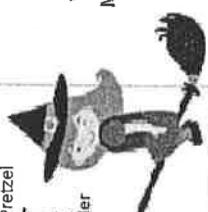


St. Jude

# School Lunch



Monthly Birthday Celebration

Wednesday, Oct. 30

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>Cheese Quesadilla Wedges -Side Dishes- Salsa Dip Two Bean Salad Oven Roasted Broccoli Mixed Fruit Raisins</p>	<p>2</p> <p>French Toast Sticks with Yogurt Cup -Side Dishes- Sweet Potato Fries Asst. Fruit Juice Petite Banana</p>	<p>3</p> <p>NYS Pizza -Side Dishes- NYS Roasted Zucchini NYS Grape Juice NYS Apple NYS Milk</p>	<p>4</p> <p>Smile Chicken Nuggets with Dinner Roll -Side Dishes- Smile Fries Cucumber Wheels With Lite Dip Diced Peas Orange Smiles</p> <p><b>World Smile Day</b></p> 	<p>Available Daily. M: Grab Bag Or PB &amp; J T: Chef Or Veggie Salad Or Lunch Box W: Hamburger Or Veggie Burger/Roll Or Ham &amp; Cheese Sandwich Th: Chef Or Veggie Salad Or PB &amp; J F: Grab Bag Or Turkey &amp; Cheese Sandwich</p>
<p>8</p> <p>Meatball Sub -Side Dishes- Oven Roasted Cauliflower Sweet Potato Fries Asst. Fruit Juice Pineapple Tidbits</p>	<p>9</p> <p>Chicken Nuggets -Side Dishes- Brown Rice Pilaf Mixed Salad Vegetarian Beans Diced Peaches Fresh Pear</p>	<p>10</p> <p>Macaroni &amp; Cheese -Side Dishes- Green Beans Baby Carrots With Lite Dip Asst. Fruit Juice Petite Banana</p>	<p>11</p> <p>Mini Maple Pancakes with Turkey Sausage Patty -Side Dishes- NYS Sweet Potatoes NYS Apple Cider NYS Apple NYS Milk</p>	<p>Cheese Pizza -Side Dishes- Sweet Spinach Salad Mixed Vegetables Raisins Orange Smiles</p>
<p>15</p> <p>NO SCHOOL TODAY</p> 	<p>16</p> <p>No School Today</p> 	<p>17</p> <p>Chicken Pattie on Roll -Side Dishes- Oven Fries Diced Peas Petite Banana</p>	<p>18</p> <p>Grilled Cheese Sandwich -Side Dishes- Tomato Soup Two Bean Salad NYS Cabbage &amp; Apple Salad NYS Grape Juice NYS Apple NYS Milk</p>	<p>Cheese Pizza -Side Dishes- Veggie Sticks With Lite Dip Sweet Peas Asst. Fruit Juice Mixed Fruit</p>
<p>22</p> <p>Pasta w/Meatballs with Garlic Breadstick -Side Dishes- Roasted Carrots Cucumber Wheels With Lite Dip Fresh Apple</p>	<p>23</p> <p>Waffles with Yogurt -Side Dishes- Sweet Potato Fries Asst. Fruit Juice Petite Banana</p>	<p>24</p> <p>Popcorn Chicken with Roll -Side Dishes- Mixed Salad Golden Corn Mixed Fruit Cup Fresh Pear</p>	<p>25</p> <p>BBQ Pulled Pork on Roll -Side Dishes- Seasoned Curry Fries Veggie Sticks With Lite Dip Asst. Fruit Juice Fresh Grapes</p>	<p>Cheese Pizza -Side Dishes- Mixed Vegetables Celery Sticks With Lite Dip Diced Peaches Orange Smiles</p>
<p>29</p> <p>Mini Cheese Ravioli with Cheese Breadstick Bites -Side Dishes- Oven Roasted Broccoli Cucumber Wheels With Lite Dip Applesauce Mixed Fruit</p>	<p>30</p>  <p>*Goulash Mixed Salad Green Beans Raisins Orange Smiles Birthday Treat</p>	<p>31</p> <p>Halloween Shaped Chicken Nuggets with Pumpkin Shaped Pretzel -Side Dishes- Golden Corn Baby Carrots With Lite Dip NYS Apple Cider NYS Apple NYS Milk</p> 	<p>Milk served w/ every meal. *Entree contains meat. Menu subject to change without notice.</p> 	<p>Lunch Prices: Students: \$3.15 Reduced: Free Milk: \$ .60</p>  <p>Please send in cash or check made out to NCCS Food Service or use <a href="http://www.PayPams.com">www.PayPams.com</a> for easy on-line payments for your child's account.</p>